

Dessert of whipped yogurt with berries

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Ingredients

- 300 g Greek yogurt ((I used Alma Greek style yogurt, 4% fat))
- 200 g Whipped cream ((35-36% fat))
- 2 tbsp Powdered sugar ((or to taste))
- Vanilla: half a teaspoon (extract or vanilla sugar)
- Favorite berries: strawberries, raspberries, blueberries or fresh cherries

Instructions

1. Whipping the cream: Pour half of the cold whipping cream into a bowl and beat with a mixer until the cream becomes stiff.
2. Yogurt mixing: Add all the Greek yogurt to the whipped cream, pour in the skimmed cream, add powdered sugar and vanilla and beat until stiff.
3. Serving: Layer prepared whipped yogurt cream and fresh berries in glass or dessert bowls. If you want, you can decorate the top with a mint leaf or a few chopped nuts. I had some homemade morels, baked with leftover batter from a rhubarb pie. I crumbled the moringa, then added whipped yogurt and fresh strawberries. Such an accelerated and much fresher pavlova.

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